

community buzz

MARCH 2023

ARABIAN RANCHES II

EMAAR

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Emaar One plus WhatsApp In & Around



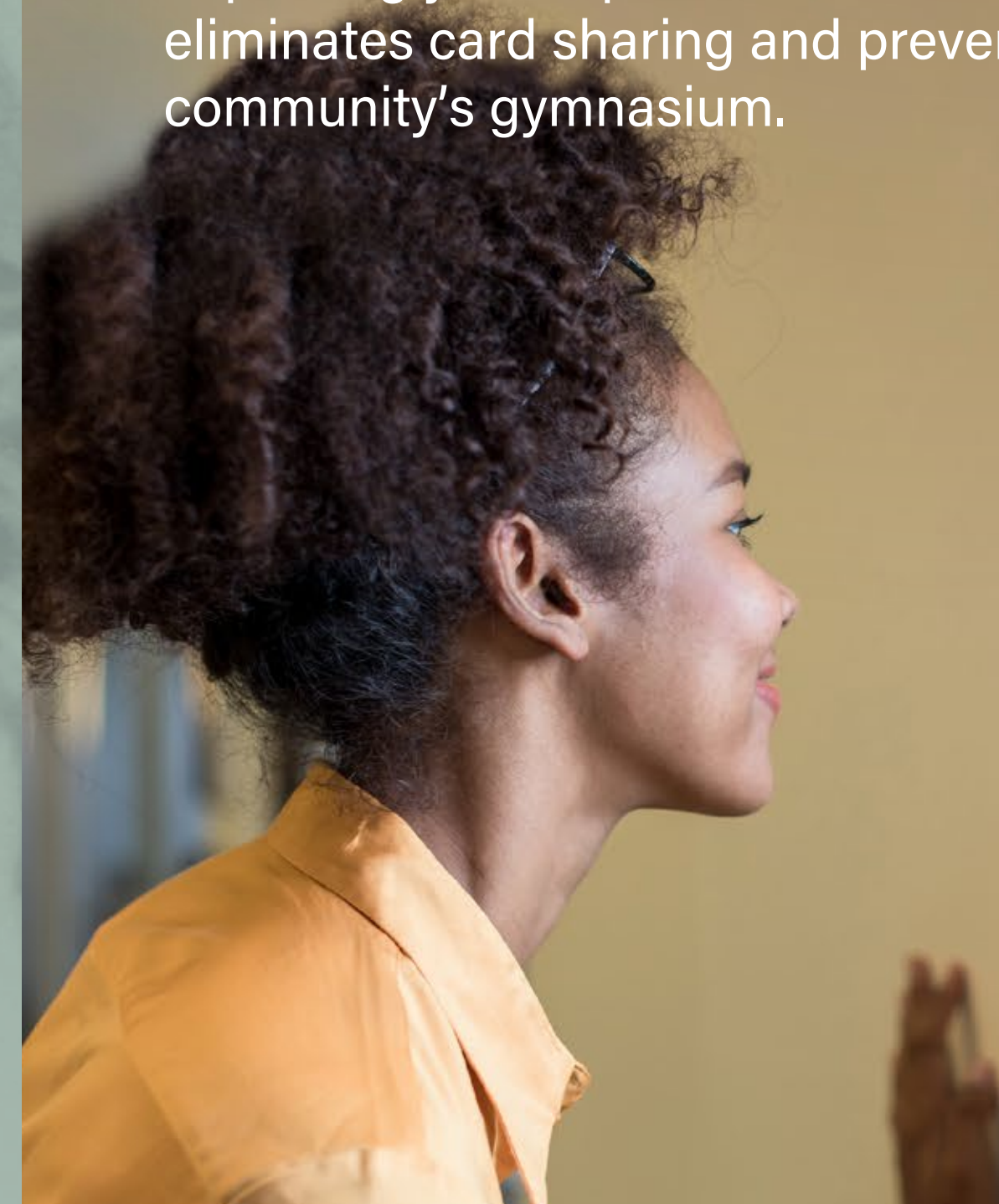
New Dog Park Opening Soon!

Puppies contain your excitement till the end of summer, then grab your pet parents to explore the ultimate hangout.

We are planning a luscious turf grass, doggie crawl gear, weaving posts, hoop jumps, and stepping paws. Comfortable benches and canopies will also be added for handlers to relax and enjoy their pup's antics. Stay tuned for more news.

Facial Access System for Gym

How easy is it to gain entry to your gym without having to swipe a card? This is what we brought to Camelia's gym. This touchless technology, which uses your face to regulate access, can be registered through the community portal. Together with improving your experience, biometric-based access management eliminates card sharing and prevents unwanted entry to the community's gymnasium.





You did it!

We have achieved an exceptional level of participation in the Dubai Can initiative. Through this sustainability movement launched in February 2022, a total of 61,570 ml (500 ml) of plastic bottles have been saved in Arabian Ranches II until February 2023.

Dubai Can- an initiative launched by HH Shaikh Hamdan bin Mohammad Al Maktoum, Dubai Crown Prince & Chairman of the Executive Council, is aimed at reducing consumption and reliance on single use plastic bottles and to reduce the devastating effects on one's health and our environment.

We are proud that as a community we recognize the importance of sustainability and are taking actions to protect the environment. Together, let's promote sustainable practices and initiatives in our homes and community.

Rule Refresher

The Holy Month of Ramadan is here upon us and in this quarter, we want you to be your healthiest- emotionally and physically.

It's Ramadan, and you can fast healthy if you eat the proper foods in the right amounts. Choose foods that are high in water content, fiber, and nutritional value.



Suhoor (The pre-dawn meal)

A little more sleep would seem more appealing to skip the Suhoor meal. This will make you dehydrated and lethargic. Always opt for a nutrition dense Suhoor meal to help you through the day.



Lots of water

Your body's water needs remain the same even in Ramadan. So keep your body healthy, cut down on caffeine and colas and replace them with soups, fresh juices, and water.



Iftar (The breaking fast)

Iftar should be a well-balanced meal. Despite the body's desire for high carbs and sugar, you should limit fried dishes and sweets at Iftar.



Keep moving

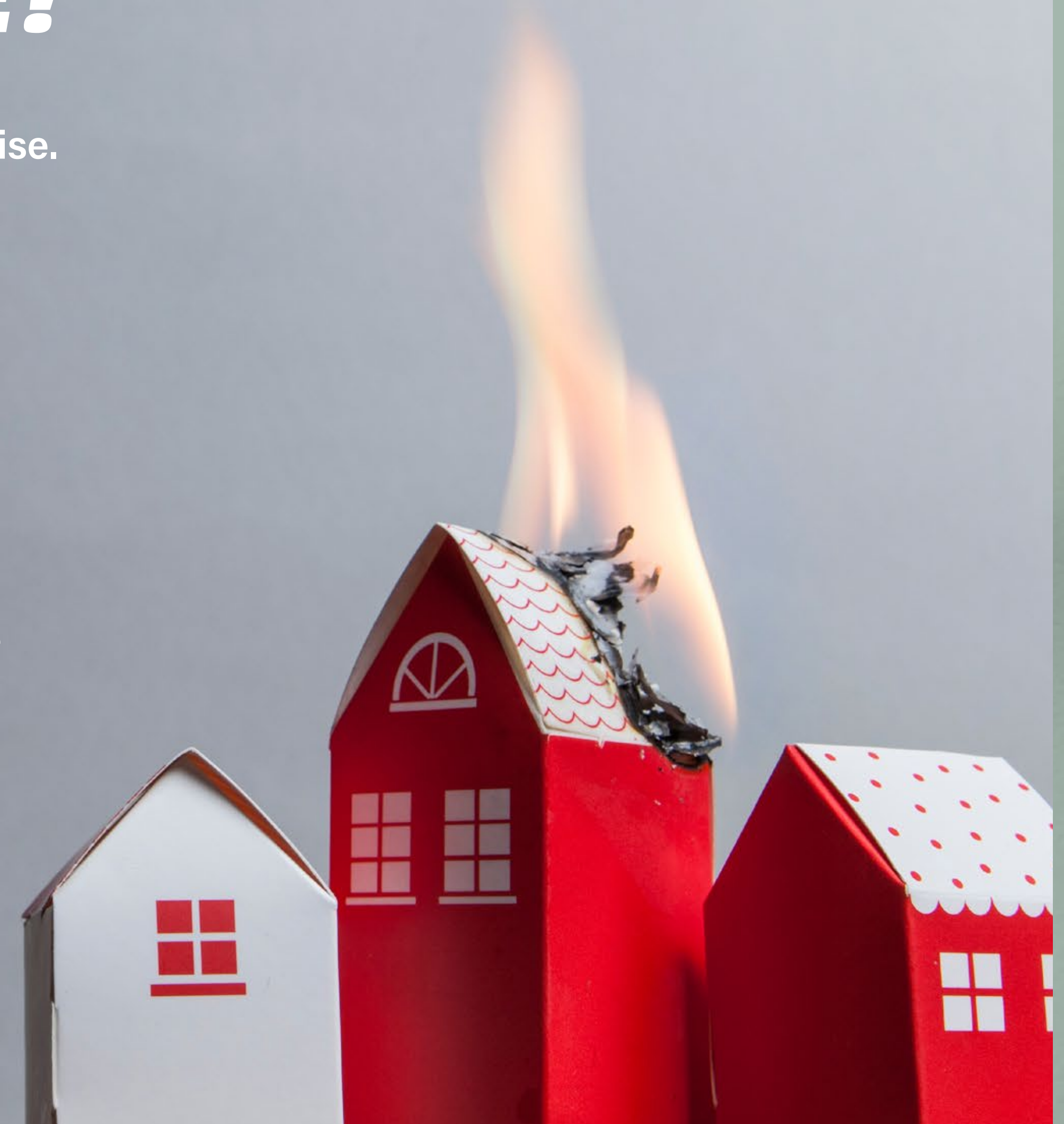
Dont take fasting as an excuse. Try to stay active. Take small walks around, keep stretching on and off to keep your energy levels up.

This is the blessed month of the year; celebrate every fast you complete and every iftar with gratitude and patience.

Is your home FIRE SAFE?

Your home is your happy place, a small carelessness can make it otherwise. Here is a quick run through to keep your home Fire Safe!

- Dispose cigarettes and any source of fire responsibly. Throwing cigarette butts around casually is a major fire hazard.
- Never leave incense sticks, candles or any burning object unattended.
- Pay close attention to what is left on the stove and remember to switch off the cooking range when you leave the kitchen.
- Never make any electrical modifications, such as installing halogen downlights with unrated transformers. When using extension cords also, ensure that it is rated for at least the same amps as the device; this could otherwise lead to fire due to overheating.
- Identify and remove fire hazards in your home. There should be at least three feet distance between heating items and any inflammable substances.
- Participate in the routine fire drills organized by the community management.
- If a fire occurs in your unit, Rush out and Call for Help.



HOW TO E-SCOOTER AROUND



E-scooters are becoming a common sight in our city. But their arrival has also brought new safety concerns.

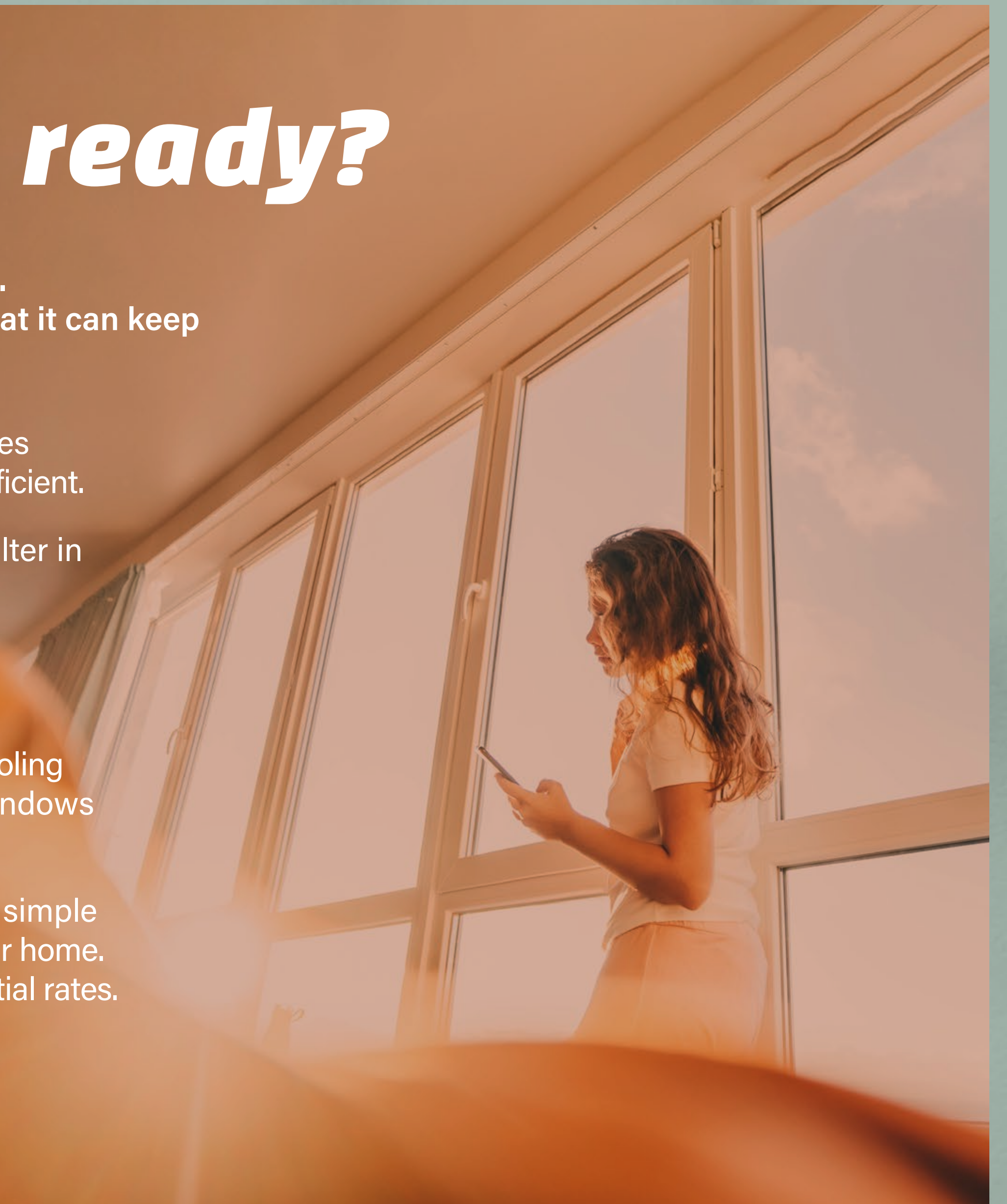
Here are some tips on how to use these bikes safely in the community roads.

- Rider should remain in the designated e-scooter zone.
- Use bike lights & reflective vests at night.
- Avoid earphones & mobiles while riding the e-scooter
- Always give way to pedestrians, senior citizens and strollers.
- Dismount at pedestrian crossings.
- Keep a safe distance between you and other riders.
- Follow the community speed limit of 20 kmph.
- Rider shouldn't carry anything that can affect the balance.

Is your Home Summer ready?

The weather is warming up, and the hotter months will be here before we know. As you prepare for this, your home should be thoroughly inspected to ensure that it can keep you cool during the summer months while remaining energy efficient.

- Fit your air conditioning equipment with programmable thermostats. This provides automatic temperature adjustment for maximum comfort while also being energy efficient.
- Clean the air filters and air conditioning equipment. During the summer, the air filter in the HVAC system is used more than before.
- Plant leafy trees strategically near your home's windows. This is a wonderful technique to keep extra heat out of your home.
- Locate and seal any air leaks. When there are gaps between the windows, the cooling inside suffers. Check the weather stripping and caulking around your doors and windows and replace as needed.
- Seek professional advice. While many of these home preparedness methods are simple to implement, a professional energy audit can determine the best techniques for your home. Book a vendor through the Emaar One app and Emaar residents can enjoy preferential rates.



Pet Care



Pets are a privilege and proper pet care is the basis of responsible pet ownership. Minding your pets in the community's common areas and while with other residents is part of pet etiquette. Let's do a run through of your role as a pet parent.

- Clean up after your pet. Pet waste contains twice the number of harmful pathogens as human waste and can cause giardiasis and salmonellosis.
- Always keep your pet on lead when in community common area. Don't let your pet wander into others' private property.
- Avoid feeding stray cats, this as mandated by the Dubai Municipality.
- Prevent your pet from making excessive noise that disturbs your neighbors.
- Some common areas in your community are a 'No-Pets Zone'. Refrain from accessing those places with your pets.



Pests Abound!

The importance of pest management cannot be overstated. Pest control can prevent health issues and even property damage caused by harmful insects. Regular pest control inside your home is recommended even if the common areas are regularly fogged.

Reduces allergies:

The presence of pests in our homes could lead to skin allergies, asthma, and other respiratory problems.

Protects your property:

Carpet bugs, cockroaches, silverfish, and moths are among the insects that attack the wooden and fabric components of furniture.

Food supply:

Regular insect management at home might help to avoid food waste and contamination. These bugs leave behind unwanted organic materials that can harm people's health.

Diseases & Health Risks:

When pests breed in large numbers, they give rise to a variety of diseases and health problems like leprosy, skin infections, UTIs, intestinal infections, food poisoning etc.



Rewind

Christmas Movie Night





SUSTAINABILITY

Ditch the plastic bag! Get trendy, with stylish cloth bags.

What's better, is you designing your own cloth bags. Paint the town red with your own crafted cloth shopping bags. Send us pictures of cloth bags that has been customized and styled by you. The top three winners will be featured in our social media pages and will get some exciting goodies.

Send your entries to events@ecm.ae by April 22nd 2023.



For you Mom!

Tell your mom how much she means to you!

This Mothers' Day, we are inviting you to get as expressive as you can with words. Show her how much she means to you with an original poem.

Entries are invited in the following categories-

Category I (6 to 9 years)

Category II (10 to 14 years)

Category III (15 to 19 years)

The best entries win staycations, and their works will be published in our social media page. Send your entries to events@ecm.ae by April 22nd 2023.

Healthy **SALADS** *for the win!*



Salads are perceived to be boring; but when all the nutrient goodness is packed in a bowl and tastes out of the world; you will want to dive deep into the world of greens and goodness.

Deepa Damodar, a resident from The Greens & Views shares one of her family's favorite salad recipe.

Broccoli, Apple & Walnut Salad

What you will need

- ½ cup mayo
- 1 tsp sugar
- 1 tbsp vinegar
- Salt & chili (as required)
- 1 apple diced
- ½ cup walnuts toasted
- ½ cup diced red onions
- ½ cup grapes
- 1 cup diced cucumber
- 2 cups fresh broccoli florets

Method

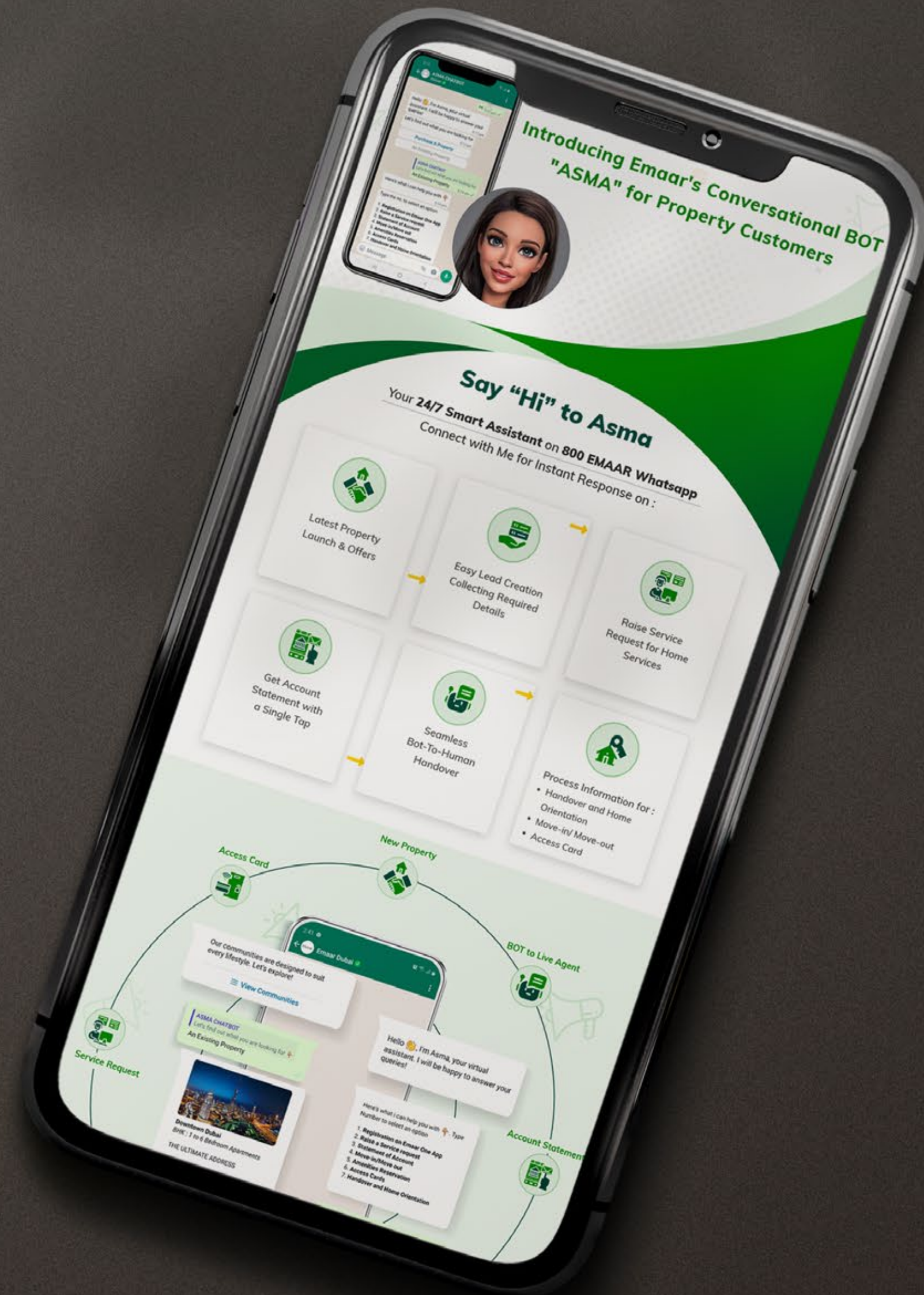
- Blanch the broccoli in salty hot water for 5 minutes, drain and cool it.
- In a large mixing bowl, whisk the mayo, vinegar, salt and chili powder smooth.
- Add the remaining ingredients and stir well to coat.
- Serve immediately.



WE HEARD YOU *and we're here for you!*

Manage your property in a touch.
Introducing our new Whatsapp bot
for 24x7 chat support

Say HI on 800 EMAAR (36227)



We are live on social media



Follow us on @emaarcommunities on Facebook and Instagram.
Catch up on all our news, exciting contests, and campaigns.

In & Around

Salons

Juice Beauty salon
(at The Ranches Souk)
+971 4 330 0568
N Style Beauty and lounge
(at The Ranches Souk)
800 678953
Belle Femme Salon
(at The Leisure Centre)
+971 4 422 6579
The Barber Shop
(at The Ranches Souk)
+971 4 558 7142

Beauty (at The Ranches Souk)

The Body Shop
+971 4 368 5566

Fitness

Pinpoint Fitness
(at The Ranches Souk)
+971 50 358 2383
Fitness First
(at The Leisure Centre)
+971 4 558 9820

Mosque (near The Ranches Souk)

Al Shaqoor Masjid

Cafes (at The Ranches Souk)

Caribou Coffee
+971 4 443 5087
Paul Café
+971 4 294 4244
Café Bateel
+971 4 452 6994

Health (at The Ranches Souk)

Al Jabber Optical
+9714 432 4736
Bin Sina Pharmacy
+971 4 429 3156
Life Pharmacy
+971 52 374 2095
Aster Medical Clinic
+971 4 456 0485

Money Exchange (at The Ranches Souk)

Orient Exchange
+971 4 456 3654

ATMs

HSBC (at The Ranches Souk)

Nurseries (at The Leisure Centre)

Cheeky Monkeys
+971 4 430 9987
Burj Daycare Nursery
+971 4 430 7129

Groceries (at The Ranches Souk)

Carrefour
+971 4 360 7783
The British Butcher Shop
+971 4 575 4938

Useful numbers

Fire	997
Ambulance	998
Police	999
Dubai Municipality	800 900
Taxi	800 9090
DEWA	991

Visit us at our community office

📍 ECM Arabian Ranches office,
between Al Reem 2 and the skate park

Monday to Friday, 9 AM to 8 PM
Saturday and Sunday, 9 AM to 5 PM
+971 4 367 7861

800 EMAAR (36227)

Community Security
+971 50 949 2514

www.arabianranchestwo.ae



ARABIAN RANCHES II

EMAAR

COMMUNITY
MANAGEMENT