





Community Updates

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Earth Hour
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Resident's Tips & Tricks

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Rewind

Pet Pawty Hag El Laila



Campaigns, Competitions & Challenges

Best Out of Waste Winners!



In & Around



Seated for Comfort

Acacia's kids play area is a great social spot for the parents and caregivers to meet and socialize, while the kids have their dose of fun. To enhance your experience, new benches have been added at the kids play area.

These benches will provide a wonderful resting location for the elderly and those with restricted mobility, while the little ones will burn off some energy. While you're here, you can also squeeze in some bench pushups and triceps dips.



Earth Hour

This year on 25th March, Dubai Hills Estate observed Earth Hour with millions across the globe. All non-essential lights were switched off from 8 PM to 9 PM in the community and common areas around. We as a community, participated and observed this global movement for energy saving to show support for climate change and to promote sustainable community living.



The Holy Month of Ramadan

The ninth month of the Islamic calendar considered the blessed period is observed with fasting and devotion by Muslims all over the world. Dubai Hills Estate's community roads were adorned with beautiful lighting to celebrate this auspicious time of the year. And to honor the spirit of the season, the community distributed meals every day to service providers and delivery boys in the area to break their fasts.



Say Hi To!



The Tap House

The Tap House is now open and is the one stop for the largest selection of drafts in town. Newly opened in Business Park 1, this place is running some amazing offers including Happy Hours, Brunch on Tap, Nan's Roast and Resident's Night.



Le Degraissage Laundry

Looking for a quick eco-friendly dry cleaning option? Le Degraissage laundry at Park Heights 1 are the specialists for premium laundry services and they do pickup and delivery from your doorstep.



Aster Pharmacy

The newly opened store at Park Heights 1 is your wellness shop for all your preferred health and wellness brands. Choose from a range of products for your health, skin, hair and general well being.

Exclusive Resident Offers!

VINCA ROSEA LADIES SALON & SPA REJUVENATE YOUR BODY AND MIND

Pamper yourself and unwind with our exclusive offer. Enjoy a classic mani-pedi and a full body massage for AED 360*

Valid until 30 September 2023. *T&C's Apply Location: Park Heights 1

JOE & THE JUICE

COOL OFF THIS SUMMER

For a limited time only, joe-goers can avail the newly launched summer drink - an Iced Lavender Latte.

Available until 31 August 2023 Location: Business Park 1

JUICE SPA & SALON

Avail 30%* off on Facials, Body Massages and Body Scrub every Monday's and 30%* off on Hair Colour services, Keratin and Botox treatment every Tuesday.

Valid until 31 December 2023. *T&C's Apply Location: Dubai Hills Golf Estate

CHAMPION CLEANERS

Enjoy 50%* off on cleaning and sanitisation services for your bags, shoes, carpets, mattresses car interiors and more. Offer valid for a maximum purchase limit of AED 500.

Use promo code: DHC50 to avail the offer. Valid until 30 September 2023. *T&C's Apply Location: Park Ridge

AFRICAN + EASTERN

Exclusive 10%* off for Dubai Hills Estate residents on non-promo range of hops, grapes, bubblies and more.

Valid until 31 August 2023. *T&C's Apply Location: Park Point

MAIZ TACOS

TACO TUESDAY

Its Taco Tuesday at Maiz Tacos. Two tacos, salsas, and a drink are included in the daily offer for AED 69*.

*T&C's Apply Location: Acacia B

Is Your Home, Holiday Ready?

As you pack your bags for the upcoming holiday season, go through these pointers to ensure that your home is holiday safe.



Secure all entryways, including the windows and balcony.



Leave your home clean and tidy to avoid pest infestation.



Unplug electrical items to avoid fire risks.



Check for any gas leaks before you lock up.



Secure wardrobes and other valuable items



Keep your air-conditioning at a minimal setting to avoid any humidity or mold issues while you are away.



Deposit your money and valuables in a bank safe box.



Put your newspaper subscriptions on hold till you are back.



Make sure water taps and electricity switches are off.



Leave your contact details with a trusted friend in case of an emergency. Send us an email and we shall notify the community security on the same.

Pro Tip - Register your villa with the Dubai Police for free police patrolling around your unit when you are away.

Fight the Pests Down

Pest management is essential, especially when your dear ones and home is concerned. Health issues and property damage can be prevented with regular pest control. No matter how often we conduct regular fogging in the common areas, you must still maintain regular pest control inside your home and here is why:



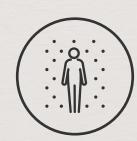
Reduce allergies - Pests cause allergies, asthma, and other respiratory issues.



Protect property - Pest infestations cause costly repairs to your assets, especially to the fabric components of furniture.



Food supply - Pests contaminate food and affect you, your family and your pet's health.



Illness and diseases - Pests can cause a host of health problems like leprosy, skin infections, food poisoning, etc.



A Glass of Water Please!

Summers in UAE is notorious, especially with warm and humid days of July and August! We know the air condition is your best friend in summer, but let's not forget who really should be your bff for this season. As the heat and humidity rises, you should drink 3 to 4 litres of water in a day. Here are some tips and tricks to ensure that you are well hydrated and stay cool and fresh this summer.

- Don't wait to feel the thirst
 Because even the slightest cue for thirst is a sign that you are getting dehydrated.
- Flavor your water

 If plain water isn't to your liking, try adding chopped fruits like lemons, oranges, apple slices, a bunch of mint leaves or a stick of cinnamon to add some zest to your drink.
- Eat water-rich fruits & vegetables

 Watermelon, strawberries, cantaloupes, peaches and pineapples are fruits with high-water content. While some vegetables with high water content include cucumbers, radish, celery, tomatoes and so on. There are also great snacks to munch on or you can whip them together for a refreshing bowl of salad, for lunch.
- Stay indoors when it's too hot
 When the weather is hot, especially from 11 AM to 4 PM, it is better to stay indoors or plan indoor activities. Being in the heat can cause dehydration and heat stroke. If you must be outdoors at these times, ensure you keep sipping on water constantly.
- Set alarms to remind you to drink

 This is one of the best ways to ensure that you are getting your daily quota of water and remain hydrated.



Proper Waste Disposal Etiquette

Littering in the common areas is unsightly, smelly and an open invitation to pest infestation. While disposing off your garbage:



Ensure waste bags are tied and placed inside the garbage bins.



Reach out to the security or a team member from the community management to get assistance to replace any damaged bins that you notice.



Double bag if you find the trash bag is leaking or too heavy.



Green waste, electronics & hazardous materials do not belong with household trash.



Ensure that you are segregating your waste and properly disposing in the correct recycling bins located at your community.



Don't Let the Water Drip

A popular adage is that we need water; but in the current times-water could use some help from us! The Earth is made up of 97% of water, but only 3% of it is fresh water. Mindful usage and conservation are our only way forward. Here are some simple tips to reduce water wastage in your homes.



Treat the leaks regularly. What looks like a drop dripping off is a lot of water being wasted.



Run the washing machine and dish washer only when it's a full load. This saves on water as well as energy.



Switch to a 'low flow' shower head. This can help reduce your water consumption by almost 50%. Thank us when you see a reduced water bill!



Switch faucets off when not in use. The water running while you brush your teeth is gallons of water being wasted!



Reuse water where possible. Collect the water used to wash vegetables, and rice and use it to water the plants. The water used to rinse rice is rich in minerals and is beneficial for your plants too.



Choose your plants wisely. There are some varieties that are low maintenance such as the bougainvillea, date palm and tropical hibiscus. They are beautiful additions to your garden and don't need much watering too.





Best out of WASTE!

There is always a couple of bottle caps and yoghurt cans laying around; why not do something creative with it? We recently celebrated the World Environment Day; so, let's take a pledge to reduce the waste we put out. Get creative, look around, use any recyclable material and create something beautiful that can be used as décor.

Send in pictures of your creations, along with your name, contact details and home address to **events@ecm.ae** by 31st July.

Rewind

Pet Pawty



Rewind

Hag El Laila

















From the Resident's Desk



Crystal Hanna is an Early Childhood Principal and a happy resident of Arabian Ranches. She shares with us some summer tips to keep our young residents busy and to ensure that this Summer of 2023 is an enriching one.

1. Maintain a Journal

Journaling is a fantastic way for children to capture and reflect on their summer experiences. Give them a notebook and let them fill it with summer stories and memories.

2. Read, Read, Read

Reading is one of the most important skills children can have! Reading daily can be done independently or with other family members. For our youngest learners, looking at picture books are great to awaken their imagination and curiosity.

3. Using their Creativity

Encourage children to make something using everyday items, such as cardboard boxes, paper plates, or popsicle sticks. You can provide them with materials and ask them to create something with their ideas. Send us their creations at events@ecm.ae and we will feature it in the upcoming newsletter.

4. Unstructured Child Play Time

Unstructured playtime is essential for children's development, as it allows them to explore their interests and develop social and emotional skills. This could include engaging in imaginative play, playing with toys or exploring nature. Make sure the kids are always playing in a secure and supervised environment.

5. A House Chore a Day

Assigning a daily house chore is a wonderful way to teach children about responsibility. Simple tasks like setting the table, watering plants, or making their bed can make them feel like they are responsible and are an important part of the family.

6. Back to School Transition

The change from a relaxed summer schedule to a structured school routine can be difficult for them, but there are ways to make the transition smoother. One way is gradually adjusting bedtime and wake-up time to align with the school schedule a few weeks before the start of the school term.





Winners!

For you Mow!

My Mother is my best friend! The friend who I fight with, I cry on and cannot imagine a day without. An ode to all the lovely mommies who are selflessly doing what they are! The Mother's Day poetry competition filled our mail box with some heart melting creations and we still have not got over it.

Winners of the Mother's Day Competition

Category I - Aira Kumar

Category II - Rishaan George

Category III - Judy



Calling All Kids!

Join Dubai's Ultimate Summer Camp at Dubai Mall for an unforgettable adventure across six iconic attractions!

From marine wonders at **Dubai Aquarium & Underwater Zoo** to catching a movie at **Reel Cinemas**, role-playing at **KidZania**, ice-skating at **Dubai Ice Rink**, arcade thrills at **PlayDXB**, and reaching new heights at At The Top Burj Khalifa, make lasting memories with tons of fun activities.

Terms and Conditions



Monday to Thursday **9**am – **3**pm



July **3** – August **31** 2023



Kids from **7** to **14** years



Kids from **3-6** years accompanied with adult















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EMAAR

entertainment.emaar.com



Introducing your very own virtual reporting tool

EMAAR EYE

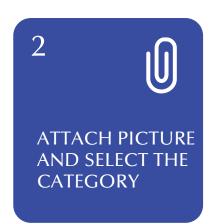
on Emaar One mobile app.

Notice anything in the community common areas, hotels or entertainment destinations that needs fixing?

See it. Click it. Report it.

Log in to Emaar One and select **EMAAR EYE** to follow the steps below.









Every time you report an issue, you enter a monthly raffle to win uber cool prizes!

QUICK

EASY

REWARDING

EMAAR COMMUNITY MANAGEMENT

In & Around

Health

King's College Hospital London +971 4 519 9777

Nahdi Pharmacy +971 50 454 8628

Education

GEMS International School +971 4 339 6200

GEMS New Millennium School +971 4 445 2900

GEMS Wellington Academy +971 4 512 9100

Blossom Nursery 800 687 7379

Kumon +971 54 508 0344

Petrol Station

ENOC Petrol Station Near Maple 1

Groceries

Franprix +971 4 575 4914

Urban Foods +971 4 334 3436

Geant Express Supermarket +971 4 232 2115

Salons

The Corner Barber +971 4 884 4903

Juice Spa & Salon +971 50 102 9960

Vinca Rose Ladies Salon & Spa +971 52 575 2092

Sports & entertainment

Dubai Hills Golf Club +971 4 362 7555

Adventure Park +971 4 448 5033

The Storm Coaster +971 4 448 5033

Reel Cinemas 800 38224 6255

Useful numbers

Fire 997 Ambulance 998

Police 999

Dubai Municipality 800 900

Taxi 800 9090

DEWA 991

Visit us at our community office

Park Point, Tower C, Dubai Hills Estate

Monday to Friday, 9 AM to 8 PM Saturday and Sunday, 9 AM to 5 PM +971 4 438 4088

800 EMAAR (36227)

Community Security

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Hills View & Hills Grove,

Club Villas, Golf Grove

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COMMUNITY MANAGEMENT