





Community Updates

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Something for the Kids!



Resident's Tips & Tricks

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Campaigns, Competitions & Challenges

Best Out of Waste Winners!



In & Around

Community Iftar

Ramadan is the time to appreciate brotherhood and your community. And what better way than getting together to break the fast. A community Iftar was organized to emphasize the spirit of the Holy season, companionship and sharing. It was wonderful to see many of residents join in and enjoy Iftar over some happy banter and community bonding.







This year on 25th March, The Greens & Views observed Earth Hour with millions across the globe. All non-essential lights were switched off from 8 PM to 9 PM in the community and common areas around. We as a community, participated and observed this global movement for energy saving to show support for climate change and to promote sustainable community living.



Is Your Home, Holiday Ready?

As you pack your bags for the upcoming holiday season, go through these pointers to ensure that your home is holiday safe.



Secure all entryways, including the windows and balcony.



Leave your home clean and tidy to avoid pest infestation.



Unplug electrical items to avoid fire risks.



Check for any gas leaks before you lock up.



Secure wardrobes and other valuable items



Keep your air-conditioning at a minimal setting to avoid any humidity or mold issues while you are away.



Deposit your money and valuables in a bank safe box.



Put your newspaper subscriptions on hold till you are back.



Make sure water taps and electricity switches are off.



Leave your contact details with a trusted friend in case of an emergency. Send us an email and we shall notify the community security on the same.

Do These Belong to You?

Do you have things lying outside your apartment in the common areas? Or have you left the stroller and kids bike at the parking bay? This is not a good idea and let's see why:



Affects the community aesthetics and lowers the overall appeal of the community.



A hazard in case there is an emergency and evacuation is required.



More prone to theft and damage of your items.



Can be tripping hazard for other residents.



Major obstruction in case emergency services is trying to gain access.



Fight the Pests Down

Pest management is essential, especially when your dear ones and home is concerned. Health issues and property damage can be prevented with regular pest control. No matter how often we conduct regular fogging in the common areas, you must still maintain regular pest control inside your home and here is why:



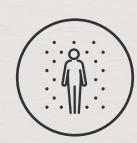
Reduce allergies - Pests cause allergies, asthma, and other respiratory issues.



Protect property - Pest infestations cause costly repairs to your assets, especially to the fabric components of furniture.



Food supply - Pests contaminate food and affect you, your family and your pet's health.



Illness and diseases - Pests can cause a host of health problems like leprosy, skin infections, food poisoning, etc.



A Glass of Water Please!

Summers in UAE is notorious, especially with warm and humid days of July and August! We know the air condition is your best friend in summer, but let's not forget who really should be your bff for this season. As the heat and humidity rises, you should drink 3 to 4 litres of water in a day. Here are some tips and tricks to ensure that you are well hydrated and stay cool and fresh this summer.

Don't wait to feel the thirst

Because even the slightest cue for thirst is a sign that you are getting dehydrated.

Flavor your water

If plain water isn't to your liking, try adding chopped fruits like lemons, oranges, apple slices, a bunch of mint leaves or a stick of cinnamon to add some zest to your drink.

Eat water-rich fruits & vegetables

Watermelon, strawberries, cantaloupes, peaches and pineapples are fruits with high-water content. While some vegetables with high water content include cucumbers, radish, celery, tomatoes and so on. There are also great snacks to munch on or you can whip them together for a refreshing bowl of salad, for lunch.

Stay indoors when it's too hot

When the weather is hot, especially from 11 AM to 4 PM, it is better to stay indoors or plan indoor activities. Being in the heat can cause dehydration and heat stroke. If you must be outdoors at these times, ensure you keep sipping on water constantly.

Set alarms to remind you to drink

This is one of the best ways to ensure that you are getting your daily quota of water and remain hydrated.





Proper Waste Disposal Etiquette

Littering in the common areas is unsightly, smelly and an open invitation to pest infestation. While disposing off your garbage:



Ensure waste bags are tied and placed inside the garbage chute.



Reach out to the security or a team member from the community management to get assistance to replace any damaged bins that you notice.



Double bag if you find the trash bag is leaking or too heavy.



Green waste, electronics & hazardous materials do not belong with household trash.



Ensure that you are segregating your waste and properly disposing in the correct recycling bins located at your community.



Don't Let the Water Drip

A popular adage is that we need water; but in the current times-water could use some help from us! The Earth is made up of 97% of water, but only 3% of it is fresh water. Mindful usage and conservation are our only way forward. Here are some simple tips to reduce water wastage in your homes.



Treat the leaks regularly. What looks like a drop dripping off is a lot of water being wasted.



Run the washing machine and dish washer only when it's a full load. This saves on water as well as energy.



Switch to a 'low flow' shower head. This can help reduce your water consumption by almost 50%. Thank us when you see a reduced water bill!



Switch faucets off when not in use. The water running while you brush your teeth is gallons of water being wasted!



Reuse water where possible. Collect the water used to wash vegetables, and rice and use it to water the plants. The water used to rinse rice is rich in minerals and is beneficial for your plants too.



Choose your plants wisely. There are some varieties that are low maintenance such as the bougainvillea, date palm and tropical hibiscus. They are beautiful additions to your garden and don't need much watering too.





Best out of WASTE!

There is always a couple of bottle caps and yoghurt cans laying around; why not do something creative with it? We recently celebrated the World Environment Day; so, let's take a pledge to reduce the waste we put out. Get creative, look around, use any recyclable material and create something beautiful that can be used as décor.

Send in pictures of your creations, along with your name, contact details and home address to **events@ecm.ae** by 31st July.

From the Resident's Desk



Crystal Hanna is an Early Childhood Principal and a happy resident of Arabian Ranches. She shares with us some summer tips to keep our young residents busy and to ensure that this Summer of 2023 is an enriching one.

1. Maintain a Journal

Journaling is a fantastic way for children to capture and reflect on their summer experiences. Give them a notebook and let them fill it with summer stories and memories.

2. Read, Read, Read

Reading is one of the most important skills children can have! Reading daily can be done independently or with other family members. For our youngest learners, looking at picture books are great to awaken their imagination and curiosity.

3. Using their Creativity

Encourage children to make something using everyday items, such as cardboard boxes, paper plates, or popsicle sticks. You can provide them with materials and ask them to create something with their ideas. Send us their creations at events@ecm.ae and we will feature it in the upcoming newsletter.

4. Unstructured Child Play Time

Unstructured playtime is essential for children's development, as it allows them to explore their interests and develop social and emotional skills. This could include engaging in imaginative play, playing with toys or exploring nature. Make sure the kids are always playing in a secure and supervised environment.

5. A House Chore a Day

Assigning a daily house chore is a wonderful way to teach children about responsibility. Simple tasks like setting the table, watering plants, or making their bed can make them feel like they are responsible and are an important part of the family.

6. Back to School Transition

The change from a relaxed summer schedule to a structured school routine can be difficult for them, but there are ways to make the transition smoother. One way is gradually adjusting bedtime and wake-up time to align with the school schedule a few weeks before the start of the school term.





Winners!

For you Mow!

My Mother is my best friend! The friend who I fight with, I cry on and cannot imagine a day without. An ode to all the lovely mommies who are selflessly doing what they are! The Mother's Day poetry competition filled our mail box with some heart melting creations and we still have not got over it.

Winners of the Mother's Day Competition

Category I - Aira Kumar

Category II - Rishaan George

Category III - Judy



Calling All Kids!

Join Dubai's Ultimate Summer Camp at Dubai Mall for an unforgettable adventure across six iconic attractions!

From marine wonders at **Dubai Aquarium & Underwater Zoo** to catching a movie at **Reel Cinemas**, role-playing at **KidZania**, ice-skating at **Dubai Ice Rink**, arcade thrills at **PlayDXB**, and reaching new heights at At The Top Burj Khalifa, make lasting memories with tons of fun activities.

Terms and Conditions



Monday to Thursday **9**am – **3**pm



July **3** – August **31** 2023



Kids from **7** to **14** years



Kids from **3-6** years accompanied with adult











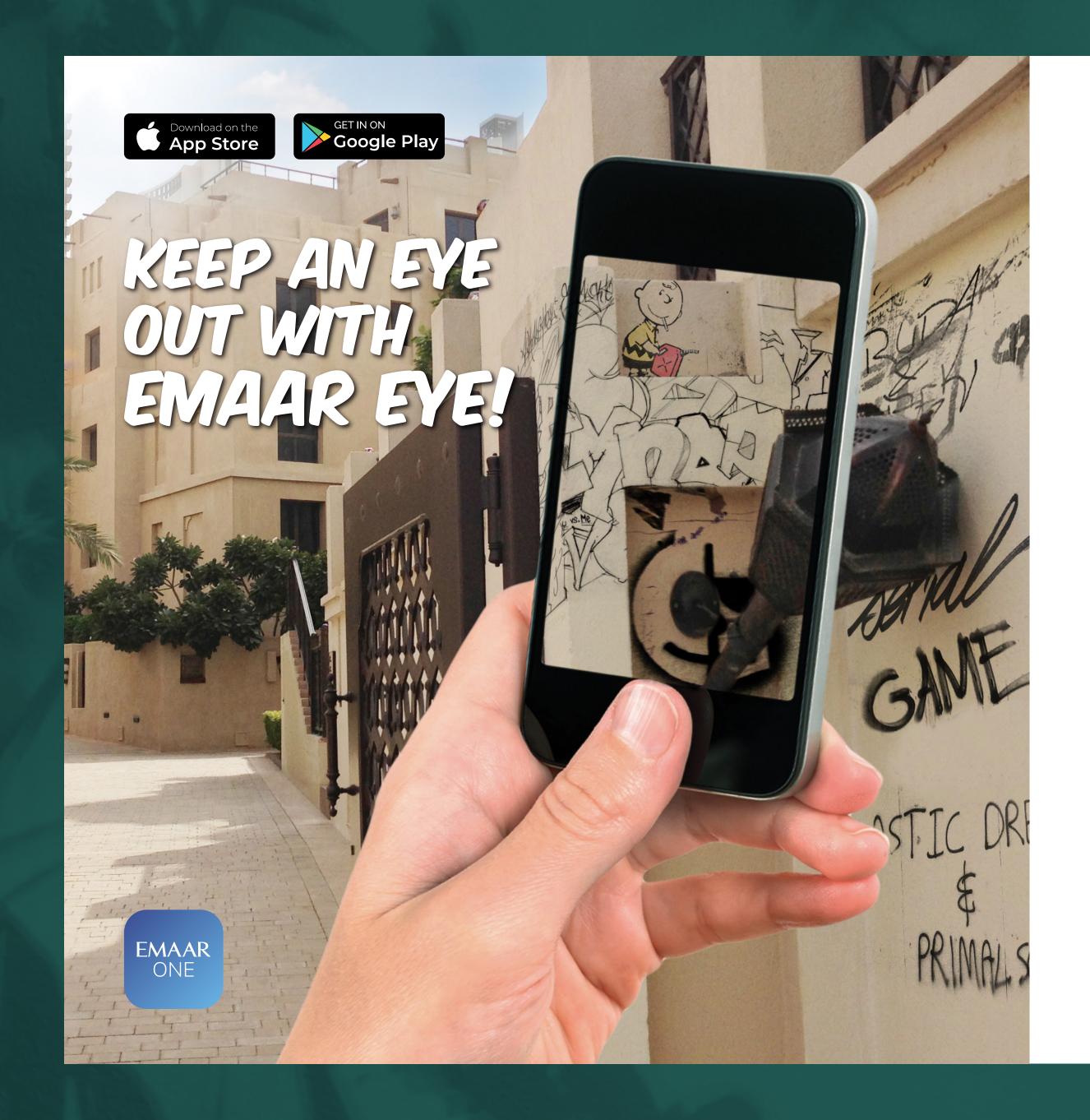




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EMAAR

entertainment.emaar.com



Introducing your very own virtual reporting tool

EMAAR EYE

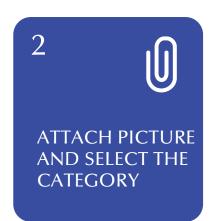
on Emaar One mobile app.

Notice anything in the community common areas, hotels or entertainment destinations that needs fixing?

See it. Click it. Report it.

Log in to Emaar One and select **EMAAR EYE** to follow the steps below.









Every time you report an issue, you enter a monthly raffle to win uber cool prizes!

QUICK

EASY

REWARDING

EMAAR COMMUNITY MANAGEMENT

In & Around

Health

Marina Pharmacy (in The Greens Souk) 04 366 3535

Bin Sina Pharmacy (in Panorama) 800 246 7462

Restaurants & cafes

Wagamama (in The Greens Souk) 04 361 5757

Costa Coffee (in The Greens Souk) 04 368 3385

Kentucky Fried Chicken (in The Greens Souk) 600 52 2252

Organic Foods & Café (Emaar Business Park) 04 361 7974

Starbucks Coffee (Emaar Business Park) 04 422 4888

Planet Terra Cafe (in Panorama) 04 578 2000

Salons

Tips and Toes (in The Greens Souk) 04 361 9797

The Barber Shop (in The Greens Souk) 04 454 2711

Caractere Salon (in Panorama) 04 360 7284

Education

Regent International School 04 360 8830

Groceries

Aswaaq Supermarket (in Panorama) 800 ASWAAQ (279227) Choithrams (in The Greens Souk) 04 366 3160

Service Fee Payments

Emaar Service Fee Kiosk (in The Greens Souk)

Banks

RAK Bank 04 213 0000

Abu Dhabi Commercial Bank 600 502030

Standard Chartered Bank 600 522 288

Abu Dhabi Islamic Bank 600 543216

Emirates NBD 600 540000

Money exchange

Al Rostamani Exchange (The Greens Souk) 04 564 6541

Mosques

Sharbatali mosque (near The Greens Souk)

Car wash

Ecogreen 04 551 4244

Baba Car Wash 050 809 1289

JM Car Wash 052 884 3059

Useful numbers

Fire 997 Ambulance 998 Police 999

Dubai Municipality 800 900 Taxi 800 9090

DEWA 991

Visit us at our community office

Ground Floor, The Links, West Tower, The Greens & Views

Monday to Friday, 9 AM to 8 PM Saturday and Sunday, 9 AM to 5 PM +971 4 438 4083

800 EMAAR (36227)

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www.thegreensandviews.ae



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